

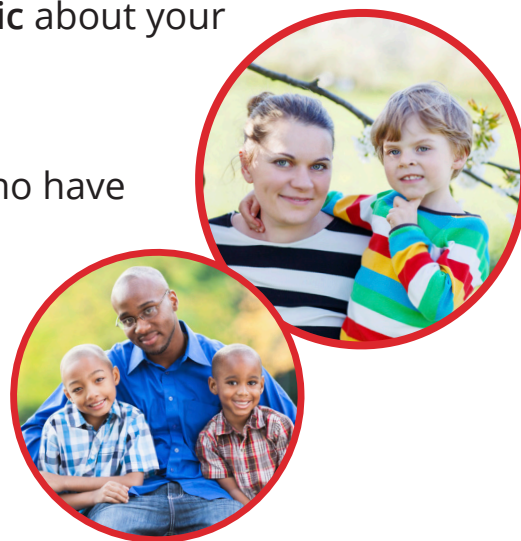
Parenting Journey I and **Parenting Journey for Fathers**

Groups beginning in January

Parenting Journey I is a supporting, strengths-based group for parents and caregivers. Over the course of 12 weeks we will help you to become more **confident** in your parenting style and more **hopeful and optimistic** about your future and the future of your children.

- Foster healthy family relationships.
- Find support in other parents. Learn from others who have traveled the same road.
- Learn to deal with everyday stressors and challenging situations.

Parenting Journey for Fathers follows the same format at Parenting Journey I but is held in a father-friendly, fathers-only environment.



Parenting Journey I - Spanish

Tuesdays, January 24-April 11, 2017
Daytime session: 10:00am-12:00pm

Parenting Journey I - English

Wednesdays, January 25-April 12, 2017
Evening session: 5:30-7:30pm

Parenting Journey for Fathers

Thursdays, January 26-April 13, 2017
Evening session: 5:30-7:30pm

Enroll Today!

Register at www.parentingjourney.org
or call us at (617) 628-8815.

Cost: \$5 registration fee
Includes complimentary childcare and a meal at each session.

Location:
366 Somerville Avenue, Somerville

Parenting Journey
parentingjourney.org
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