

# Parenting Journey II

## Are you ready to take the next step on your parenting journey?

Parenting Journey II continues to build on the relationship skills and awareness developed in Parenting Journey I. These 12-week sessions will help you to further examine your current life circumstances and to actively make plans for your future.

- Begin a new chapter in your life on the road to success.
- Make choices that will keep you headed in the direction you want to go.
- Set goals for yourself and develop a concrete action plan to get you there.
- Learn how to make goal setting a family effort and work together to achieve them.
- Create balance in your life with practical tips, tools, and the support of parents like you.

### Parenting Journey II - English

Tuesdays, January 24-April 11, 2017 Evening session: 5:30-7:30pm

#### Parenting Journey II - Portuguese

Tuesdays, January 24-April 11, 2017 Evening session: 5:30-7:30pm



#### **ENROLL TODAY!**

Register online at **www.parentingjourney.org** or call us at (617) 628-8815.

**Cost:** \$5 registration fee — *includes complimentary childcare and a meal at each session.*Location: Parenting Journey, 366 Somerville Avenue, Somerville (Union Square)

Yes, I am interested in Parenting Journey II. Please contact me using the following information:
Name (first, last)
Phone Number:
Email: